

# THE DEVELOPMENT OF A HEALTH CARE MODEL FOR THE ELDERLY FOR ELDERLY CAREGIVERS PATHUM THANI PROVINCE

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## Introduction

### Statement and Significance of the Problem

The demographic structure of Thailand will enter an aged society since 2005, with the proportion of the population aged 60 years and over as high as 10 percent, and according to the population estimates of the Office of the National Economic and Social Development Board. (NESDB) in 2021, Thailand will enter Completely aged society. When the population aged 60 years and over has a high proportion of 20 percent of the total population, and in 2031, Thailand will enter Super aged society, when the population is 60 years old and above, has a high proportion of 28 percent of the total population. (Press release, National Statistical Office, 2021)

According to statistics from Department of Provincial Administration data The Ministry of Interior as of January 31, 2022, emphasized that Thailand has the number of elderly people. Age ranges from 60 to 80 years old, a total of 12,116,199 people, representing 18.3 percent of the total population of the country. And the number of elderly people will increase every year compared to the year 2017 when the number of elderly people was only 16.7 percent. completely aging society happened.

when Thailand was completely aging society that means 100 working-age population will have to bear the burden of 51 elderly and young populations and is expected to increase to 64 in 2027. How should Thai society be prepared to deal with these situations in the future. For example, the elderly must receive health care both physically and food.. Relevant agencies manage the promotion of part-time occupations and social activities. environment adjustment housing and provide appropriate public services. Including extending the working age beyond the age of 60, etc. Another interesting preparation for the aging society is Pre-aging (people aged 60 - 59 years). Prepare yourself before being an elder in the future. In order not to be a burden to the children, in the next 20 years there will be a phenomenon of aging in the city. It is a city filled with happiness. And at the same time, it should be taken care of. Childhood Population To become a quality population in the future as well (Press release, National Statistical Office, 2021).

In addition to government agencies that must take care of the elderly population completely. Elderly people who are physically and mentally prepared as well as sufficient capital There is support from a complete family. The private sector, such as the elderly care business, is another option that is gaining attention. Where the elderly care facility business means a service facility that is not a hospital providing residential services Services for the elderly who are not under regular medical supervision. This generally covers accommodation for the night, food service, housekeeping, and accommodation. Closely follow up on basic health care but did not provide medical care. If there is an illness the service will take to the patient department of nearby hospitals for further medical treatment. And will divide the elderly service business into 7 categories: 1) day-to-day care facilities for the elderly 2) nursing homes 3) residences for the elderly 4) services for sending caregivers to take care of the elderly at home 5) health promotion facilities Elderly, 6) long-term care facilities in hospitals, and 7) terminal care facilities. The qualifications of an entrepreneur who can take care of the elderly

must be service-minded, patient and eloquent. interested in health and hygiene, morality and right livelihood. Have a basic knowledge of nursing, have a good attitude towards the service of the elderly. Have investment and working capital as well as having a location in the right place Safe, not harmful to health, convenient transportation, and the location is proportional. There is a center for organizing activities and recreation, etc. (SME in Focus, Bangkok Bank, 2019) .We often hear news of neglect of the elderly or various elderly care centers have a relatively high cost. Each service unit or each elderly center has different standards. Caregivers are not certified by the Aged Care Multidisciplinary or not registered with the Ministry of Public Health and homes for the elderly may not meet the standards of the Department of Older Persons, etc. Therefore, the researcher is interested in studying the elderly care model. for elderly caregivers Pathum Thani Province to develop care for the elderly to have the same standard This will lead to the development of care for the elderly at the national level.

### **Research Question**

1. Conditions, problems, forms and forms of health care for the elderly How is Pathum Thani Province?
2. Elements of health care for the elderly How is Pathum Thani Province?
3. Elderly caregiver have knowledge and understanding of elderly health care in Pathum Thani Province?

### **Research Objective**

1. To study the context of elderly health care and problems related to elderly health care. in Pathum Thani Province
2. To study components to increase efficiency in health care for the elderly. in Pathum Thani Province
3. To develop a health care model for the elderly in Pathum Thani Province

### **Research Hypothesis**

1. Personal factors of the elderly caregivers elderly health care behaviors And different places of elderly care had an effect on the elderly health care model. Pathum Thani Province is different.
2. Social support and elderly caring behavior Affects the development of health care models for the elderly. for elderly caregivers Pathum Thani Province

### **Scope of the Study**

This research is a research and development study with the scope of study as follows:

Content Scope In this research is a research and development study. By dividing the content according to the following steps

An analytical study of the input factors, namely, the context and conditions of the elderly health care problems, to find the conditions of the elderly health care problems. of caregivers selecting a purposive sample group Data were collected by focus group discussion of 40 people from the elderly center. used tools This is a group discussion question. There are a total of 5 questions to find problems in the model of care for the elderly by caregiver roles in The context of the actual situation Validated by 3 experts for content validity

A study of the process of organizing activities based on the concept of social support, Capland's theory. (Capland, 1993) There is a social support that is supported by the caregiver, together with the behavioral component of the elderly health care (Bloom, Engelhart, Furst, Hill, & Krathwohl, 1956). Said to be more complete, including Cognitive Behavior for Learning, which is organized into 6 hierarchies, namely memory, comprehension, application, analysis, evaluation, and creativity.

**population boundary** The target group used in the research

This research was a mixed study. both in terms of quantity and quality

1. Population variables The study was conducted by distributing questionnaires to 400 elderly service users and 40 elderly caregivers (1 carer per 10 elderly caregivers was used).

2. Qualitative variables research the papers; and in-depth interview Persons related to the elderly are the Governor of Pathum Thani Province. or those assigned Director General Department of Older Persons a doctor who specializes in the elderly 10 professional nurses

Group discussion (Focus Group) administrators of the elderly center. Viewers and the elderly and representatives of the elderly, totaling 20 people

Term Scope Schedule for data collection and synthesis analysis during January - September 2023

### **Significance of the study**

1. Aware of the problem of caring for the elderly in Pathum Thani Province.

2. Know the system and model of caring for the elderly For caregivers of the elderly in Pathum Thani Province

3. There are guidelines for problem solving and a model for caring for the elderly in Pathum Thani Province. This will lead to a model of care for the elderly at the national level. Satisfy the elderly and increase efficiency in elderly health care.

### **Definition of term**

1. Elderly means the population of Pathum Thani Province. Early to late senior citizens from the age of 60 to the age of 80 years and over.

2. Elderly care means taking care of eating habits. Sufficient drinking water management Providing adequate exercise, rest, strengthening the mind Including observing the body and mind of the elderly in a step-by-step and systematic way.

3. Elderly caregiver means a specialized organization. specialized personnel volunteer care or relatives close to the elderly who have a duty to take care of the elderly in Pathum Thani Province

### **Theoretical Concept**

In this research, theoretical concepts were used. to determine the content and educational process as follows

1. The system theory concept (Sanguannam, 2002) consists of input, process, output, and feedback.

2. Capland's concept of social support (Capland, 1993)

3. Elderly health care behaviors (Bloom, Engelhart, Furst, Hill, & Krathwohl, 1956).

4. The concept of the elderly

5. The concept of health literacy

6. Concepts and theories about health care behavior

7. The concept and theory of participation

8. The concept and theory of satisfaction

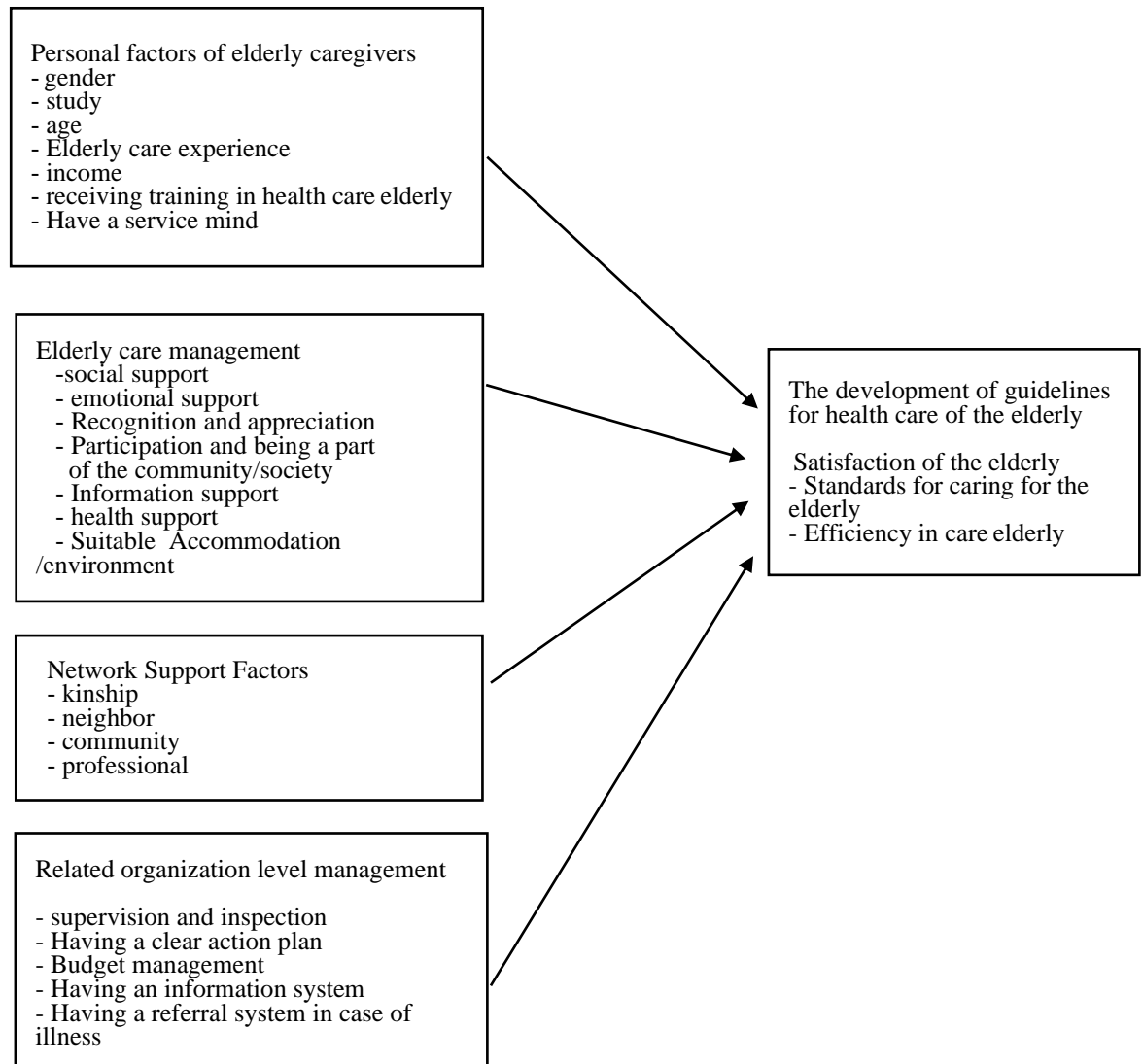
9. Elderly Care Standards

10. Action Plan on the Elderly, Phase 3 (2023-2037)

11. Related Research

12. Conceptual Framework

## Conceptual Framework



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